

COA MEETING MINUTES

Oct 19, 2018

The meeting was called to order at 9:05 a.m. by chairperson Gina Froment

Present: Laura Robinson, Gina Froment, Frank Froment, Randy Foster, Ted Thornton, Tony Stavely, Gwen Trelle, Carol Pike, Linda Hescok, Heather Tower

Absent: Bill Ames, Bill McGee, Sue McGowan, Judie Tate

Minutes: Ted moved that previous meeting minutes be accepted as amended (includes the names of those who moved and seconded the approval of Judie Tate to join the board, and cleaning up the sentence structure in the financial report). Carol seconded the motion, motion passed.

Directors Report

Financial: The state has approved the \$12 per senior for this year's Formula Grant. We are still awaiting the requisite budget paperwork so we can submit our grant. We are allowed to spend the money as we wait, which we have been doing. We are spending at the rate we have in the past.

As Libby Volkening who leads our Yoga has been giving us a discount on her rates, and while we were able to increase our grant allotment to \$50 a session, this is her livelihood. She request \$60. As we have the funds in our exercise fund, Linda moved and Frank seconded that we increase the amount we give to Libby for her yoga class by \$10.00: motion passed.

Activities: Generations of Fun has only twelve kindergarteners this year, a much quieter group, though no less enthusiastic. More seniors would be welcomed to have fun with us. Van ridership numbers remain the same. There has been some increase in "other" rides which is encouraging.

Special Guest

Patty Sullivan from the Dementia Friendly division of MCOA came to speak to us about becoming a Dementia Friendly community. While there are several sectors to be considered, working with a minimum of three will constitute the designation of a Dementia Friendly community. She suggested forming a committee to include members from the various sectors in town: businesses, faith communities, schools, library, youth and civic groups and the Selectboard as the community buy-in is very important. This advisory

board would decide which sectors to pursue, select a member to be the point person and then report back to the COA. The training necessary for the sectors can be done in video format or by a representative from the Dementia Friendly division of the MCOA; all are free. Once the institutions have signed on, the liaison would keep in touch to ensure that the training becomes part of the institution. The Selectboard needs to sign on as part of the process and there is specific paperwork for that. We discussed the possibility of this dovetailing nicely with our Northfield Neighbors initiative. It was decided our COA by-laws need to be amended to include an ongoing designated board member to this initiative to ensure that down the road this is not forgotten. Further discussion to begin putting this board together showed that more time was needed to come up with a list and ask the individuals to commit to making this happen. It will be taken up at the next meeting.

Linda moved and Frank seconded to adjourn. Motion passed at 10:28.

Respectfully submitted,

Linda Hescock 11/30/18

Linda Hescock secretary,