# COA Minutes, Oct 20, 2017

(Please note September meeting was canceled due to lack of a quorum)

<u>Present</u>: Gina & Frank Froment, Tony Stavely, Ted Thornton, Randy Foster, Gwen Trelle, Gail Bedard, Linda Hescock, Carol Pike, Heather Tower

Absent: Sue McGowan, Bill McGee, Rhoda Yucavich

Chairperson Gwen Trelle called the meeting to order at 9:03 A. M.

**Previous Minutes:** Tony motioned and Ted seconded the August minutes be accepted as presented. Motion passed

#### **Directors Report:**

Financial: Our 2017 Title III grant for our Yoga class has been expended as of September 28. 2018 year begins year 2 of this 2 year grant. This grant runs from October to September.

The gift account is healthy and will allow us some flexibility. We are spending according to our budget guidelines. We are still waiting to hear what the state will set for the Formula Grant. We have been given some ideas as to what the amount will be and budgets have been drawn up accordingly. At the conference, we were told to expect something this week (10/23-27)

MCOA Conference: Heather has returned from the conference with ideas and thoughts for programming. All the COAs in attendance, regardless of size, expressed difficulty in reaching the younger seniors. The conference had many workshops that addressed a variety of issues, and was the best one so far. Gov. Baker addressed the conference as well as other officials in the Elder Affairs arena. Gov. Baker promised that if he was still in office in 2020, we would have \$20/senior.

*Programs:* Our meal numbers are down because of the change in caterer and the need to create a kitchen in a new building and we are only serving 2 days a week. The 3<sup>rd</sup> day is created by staff. The exercise classes, games, travel and music programs remain well-attended. Our Gay 90's party was well attended as are the monthly Poet's Seat luncheons. There is one more Friday Breakfast scheduled for the year, and all are well attended. Our First Tuesday Movie Night has been canceled due to lack of participation, sadly, as our wonderful leader did a great job.

Willie Morales and friends will be entertaining us next month. Linda motioned, Ted seconded that \$100.00 be taken from our gift account to compensate Willie's friends. Motion passed.

## Points to Ponder for further discussion:

- 1. How do we welcome seniors who are of the LGBTQIA and other marginalized communities?
- 2. How do we educate the town on the question to move Town Annual meeting to the Saturday morning before elections?
- 3. Looking to future planning, it was suggested and agreed to hold a retreat in the new year in order to be able to have an extended time to delve into this. Heather will check on the open meeting law for this.

### Village to village project

Bill and Tony have spent a great deal of time researching and net-working with others to launch this project. They have formed a group of five town members (V5) to work with them and all are researching various components. Bill and Tony plan to attend the Village to Village three day conference in Baltimore, M. D. to gather as much information as possible. Gail motioned, Ted seconded to reimburse them for the conference expenses up to \$2000. Motion passed.

#### **Aging and Dementia Friendly Communities**

Gwen talked about the positive feelings emanating from a meeting she attended in regard to supporting aging people with dementia in the community. While most in attendance were from large communities, this is still something we can do here.

#### **Legislation Committee**

Ted made us aware of a letter MOCA has written to Gov. Baker requesting that the budget includes an increase in the Formula grant to \$11/per elder for the fiscal year 2019. This is the link to the letter.

https://mcoaonline.com/2017/10/15/fy19-budget-request-governor-baker/

Lindo Hercock

The meeting was adjourned at 10:29am.

Respectfully Submitted,

Linda Hescock