

NORTHFIELD SENIOR CENTER SURVEY

Help improve your Senior Center! Share your ideas for activities, services and support to make Northfield an even better place to live.

Please fill out and return this survey to: Senior Center, 69 Main St., Northfield, MA 01360

OR find survey On Line at www.northfieldma.gov; email to: SeniorCenter@northfieldma.gov

Do you use the Sr. Center now? Yes No

If yes, how often? once/wk once/mo occasionally Favorite Activity: _____

What prevents you from using the Center? timing of events transportation not interested in offerings work or family schedule other _____

What current programs do you attend? Check all that apply. **For programs you may want to use in future mark with an "F"**

Health

- Blood Pressure Clinic
 - Foot Clinic
 - Flu Clinic (shots provided)
 - Healthy Bones & Balance
 - Yoga
- What else would appeal to you?

- Walking group
- Other _____
- _____
- _____

Nutrition and Meals

- Lunch
- Monthly Friday breakfast
- Healthy Eating Class (in progress; could be repeated if there is interest)
- Poet's Seat free meal (monthly)
- Other _____
- _____
- _____
- _____

Recreation

- Bridge
- Pitch (card game)
- Hand & Foot (card game)
- Movie series (at library)
- Music
- Picnics

- Sports _____
- Summer Concerts
- Other _____
- _____
- _____
- _____

Info, Ideas, Trips and Fun

- Arm Chair travel (cultural)
- Caregiver gatherings
- Conversations-- Topics: _____

- Generations of Fun (with elementary school youngsters)
- Speakers
- Topic ideas: _____

- Sports Trips
- Other trips such as _____

- Volunteers

Services

- Counseling
- Food Stamp assistance
- Fuel Assistance applications
- Tax assistance
- Town updates
- Other needs: _____

Special Events

- Gay 90s Celebration (for 90+ yr. olds)
- Silverthorne Theatre Thursday @ lunch in summer
- End of Life Decisions: What matters most
- Holiday Centerpiece creations
- Others _____

What one change could the center make to be more appealing to you and your friends?

Do you have skills that you could volunteer to share with others?

- Handyman/woman
- Music
- Read aloud
- Other _____
- Arts, crafts, knitting, sewing, woodworking
- Cooking

Your Age(s): 60-65 66-71 72+ Genders: Male Female Couple

THANK YOU! For more information contact: (413) 498-2186 THANK YOU!